Paimen-Plikan Valssi

1A1: Varsovienne hold; 2 rows of 2 or 3 couples, face audience.
1- 4 L-sway, R-sway, (3-4: W twirls L under RH, reconnect LH). (Cf 1B1)
9-12 X-hand turn R 12 steps.
13-16 L-sway, R-sway. Spin L 6 steps: 2 rows, hold hands, face audience.

1A2: Front row: M lead (left-ward); back row: W lead (right-ward). (LOD!)
1- 2 Lead line sideways (both lines LOD!)  
3- 4 1st couple arch back over.
5- 6 (middle couple (if there is one) arch back over.)
7- 8 last couple turn back. NB: Now the W are on inside, RLOD!
9-16 W circle CW 3/2, M (turn out to) orbit CCW 1/2, M end behind P.
NB: Now rows are switched, same column, wrt original line-up!!!

1B1: W hold hands in oval ring, M solo (in two opposite straight lines!).
1- 4 L-sway, R-sway, Spin L, sway (5 or 7 steps) (Just like 1A1)
5- 8 R-sway, L-sway, Spin R, sway (5 or 7 steps)
9-12 forward & back 12 steps (W oval!)
13-16 L-sway, R-sway, Spin L single (8 steps)

1B2: Whirl figure
1- 2 M Advance, W R elbow turn,
3- 4 M swoop P in courtesy hold to opposite place,
5- 8 Courtesy Turn (3/2), W twirl out under LH, resume courtesy-hold.
9-12 Couples advance, W R elbow turn; as M continue, looping in L,
13-16 M swoop P, CT, twirl, end facing audience, V-hold, in 2 rows.

2A1: Repeat 1A1, (with rows exchanged), end in Varsovienne hold, RLOD.

2A2: Varsovienne hold reverse promenade, Alamo
1- 8 Promenade CW (!),
9-11 Advance to centre,
12-16 Retire with two hand (Alamo) L-twirl, to ring.

2B1: Ring: footwork like A1, but start in ring holding hands.
1- 4 L-sway, R-sway, W roll L,
5- 8 R-sway, L-sway, W roll R,
9-12 X-hand turn R,
13-16 L-sway, R-sway, Spin L, end in Waltz hold.

2B2: Waltz and Twirl-Spin
1- 8 Waltz
9-10 W twirls out under ML/WR hands
11-12 give nearer hands to spin away
13-16 repeat 9-12.
Notes:

Music: 3/4 time, 2x64 bars, 2xAABB, 165s =140bpm. Dance has 8 parts.
Holds: Varsovienne, Cross-hand, Hand-, Elbow-, Courtesy-, Waltz-.
Moves: Twirl, Turn, Spin, Courtesy-Turn, Promenade, Alamo-Twirl.
Rhythm: L-- R-- L-R L-- R-- L-L R-- LRLRLRLRLRLR L-- R-- LRLRLR
(turn): L-- R-- LRL RL-- R-- LRL RL-- LRLRLRLRLRLR L-- R-- LRLRLR

Half the dance (A1, B1) uses above rhythm. A2, B2 step on each beat.

Rhythm: When floor or shoes are sticky, dancers may prefer taking 5 steps rather than 3 for the
twirl or spin, in A1 or B1.

1A2: The first part of this figure is a reversal, like turning a sock inside out. It doesn't matter
whether there are 2 or 3 couples per row.

Half the dance is the same rhythm and footwork: 1A1 1B1 2A1 2B1. The other half is one step
per beat. The dance can be understood as simple, elegant, beautiful, consistent, symmetric, and
flowing, and danced with relaxed, joyful ease.

http://youtu.be/JNvzf-BGdU4
05:21-08:07 Paimen-plikan valssi 2m45s = 165s

http://abcnotation.com/tunePage?a=trillian.mit.edu/~jc/music/abc/Finland/Vals7/0001

A: Why did you go, you goat-herding girl? x2
   Why did you go away and never did say the reason why?
   Why did you go away and leave me?
B: Why didn't you stay? x8

Purpurit uses Pääskysvalssi (Swallow Waltz), with a phrase structure of AABC AABC

A: Fly away fly away little swallow-bird little swallow-bird x2
   When you fly away I feel so very very sad ...
B: Jump into the water and take a little bird bath x4
C: splitter splatter splitter splatter splish splash

(The words are rhythm cues, not actual lyrics.)